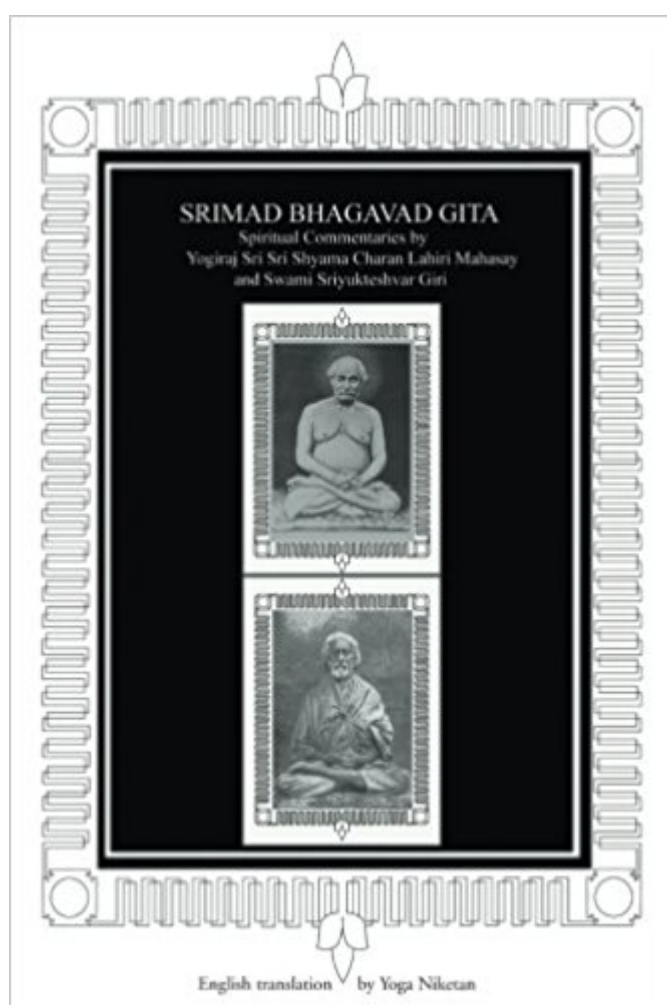


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# Srimad Bhagavad Gita: Spiritual Commentaries By Yogiraj Lahiri Mahasay And Swami Sriyukteshvar, English Translation



## Synopsis

"The true spiritual commentary on the Bhagavad Gita is hereby published. Other than Kriyanvitas, no one else will be capable of understanding this, the reason being that from the beginning to end, Kriya and the states of Kriya are described here. If ordinary people read this they can create opposite meanings and, only paying attention to the words and language, will create all kinds of complicated argumentations; thus, not understanding the essence of this, they will go about with nothing but the words. But for aware and devoted Kriyavans, this is a jewel of the heart. As they progress in Kriya - in the same way will they easily be able to discern its [the work's] true significance." -distilled from the Introduction of the original Bengali Edition English translation by Yoga Niketan 657 pages Yoga Niketan is a registered non-profit organization, run by volunteers who receive no compensation of any kind whatsoever. All proceeds from the sale of this book go towards maintaining our work.

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## Customer Reviews

"Gradually, through the continuous practice of Kriya, accomplishing dharana, dhyana and samadhi, and thus being lodged in Atman-the paravastha of Kriya-as the mind, by itself, will not go in any other direction-then, like the sky itself, the human-shaped Supreme Person-Who is the Lord of the world-one is able to see with continuous focus in the Atom of Brahman." -Yogiraj Sri Sri Shyama Charan Lahiri Gita 8:8 "When by yogakriya the foundation of desire-like and dislike-is extinguished, the revelation of Divinity fulfills all matters of desire, upon which the mind returns to its natural state

and becomes tranquil. And experiencing all mind, prana and senses of this Immense Brahmanda as one's own body and pervading throughout the Universe, the jiva becomes the Total Consciousness of the Universe-Parampurush or Paramatman. Thus, there being nothing else existing in the Universe other than the Self, the scriptural saints have called this attainment 'Kaivalyapada.'"

-Swami Sriyukteshvar Giriji Maharaj Gita 2:70

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For anyone that has the slightest interest In Sri Yukteshvar and may not be opposed to this being published by the Non - SRF source 'Yoga Niketan'; I highly recommend you to get this.... If or when the HB version becomes affordable for you. I have seen vast price extremes unfortunately. I see some for a lower price than I paid listed. This is What I was searching for when I received The Holy Science over 35 years ago. Very deep and esoteric Yoga - Samkhya Teachings. Sri Yukteshvar's Commentary is Not an easy read at all; IMHO. The part of the book by beloved Lahiri Mahasaya is actually quite straight forward and easily understood with effort. I was able to get a hard copy also so I could use a Highlighter, which I always do.

Its a great book to read. I agree with the introduction section of the book that the commentaries have a much deeper meaning to them. Sometimes it is hard to grasp the context without the guidance of a Guru. I still loved reading it because you are still bound to find some gems of knowledge in it.

Jai guru!!! For all kriyavans of all lineages, this is a great commentary on the Bhagavad Gita. OM shanti shanti shanti

Its an life time experience

I am an engineer, scientist, practical, sensible and simple. For a very long time I puzzled over differences in human beings, their behavior (actions and thoughts) even differences in siblings from the same family and environment. This book and the authors' writings provide very 'logical/scietific' explanation to my puzzles. This book clearly explains how profoundly all life forms are influenced by

'Five senses and the sense organs'. There is something beyond senses and this is all knowing and all pervasive called 'Life Force'. 'Breath is a byproduct of Life force moving in the Body', ie you breathe because life force is moving in the body and maintains all the organs (Anatomically and physiologically). When life force is uneven you breathe erratically and if this erratic pattern continues, over period of time decease sets in. When life force stops this results cessation of breathing , meaning 'death'. However we dont have direct control over life force but we have 'direct' control over breathing. This is the key. By learning how to breathe well, we can influence the life force and sustain body well. This is not just physiological exercise, the thoughts that govern physiology have to be in Synchronization and consistent with what is universally considered 'right vs wrong'.

The spiritual commentaries by Lahiri Mahasaya and Swami Yukteshvar on the Bhagavad Gita is an excellent piece of work for kriya yoga students. However, those who are not familiar on the teachings of kriya yoga would find this book a bit difficult to comprehend because the concepts of Kriya and the different states of kriya are described here. If ordinary people (those not well versed in yoga) read this, they would not be able to understand the essence of this work. This work is divided into two sections. The first section deals with Lahiri Mahasaya's translation on the Bhagavad Gita and the second section deals with Swami Sri Yukteshvar's translation. These translations are unique from other works on the Gita. The Gita is being interpreted on a highly spiritual level. This would give the reader the impression that the Gita has many levels of meaning, which is a correct view to have on the Bhagavad Gita. The reason why I love this work is because this work is intended for kriya yoga students who have practiced meditation for a number of years. Be warned that this work is not meant for the general public. I would also like to recommend Paramahansa Yogananda's translation on the Bhagavad Gita: "The Bhagavad Gita: Royal Science of God-Realization: God Talks with Arjuna: The Immortal Dialogue Between Soul and Spirit (2 volumes)" which is another excellent piece of work.

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